
If we're being more open-minded about accepting new weird ideas, can I suggest anti-aging research? Aging is a humanitarian disaster that kills as many people as WW2 every two years, and even before killing debilitates people and burdens social systems and families. Let's end it. [Vitalik Buterin](#), co-founder of Ethereum ([source](#))

This month's theme: Best Resources for Information about Longevity Research

Online resources play a crucial role in advancing the field of longevity by providing timely access to essential information such as upcoming conference dates, the latest research findings, and updates on emerging therapies and drug developments.

These platforms enable researchers, clinicians, and enthusiasts to stay connected with the rapidly evolving science of aging, ensuring they are informed about breakthroughs, clinical trials, and regulatory changes. With longevity being a multidisciplinary and global field, this constant stream of information fosters collaboration across disciplines and borders, enabling scientists, healthcare providers, investors, and the public to make informed decisions. In a field as dynamic and interdisciplinary as longevity, online resources are not just helpful—they are essential for progress.



[AgingBiotech.info](#)

It is a helpful and well-organized website that gives clear, reliable information about the growing field of aging and longevity biotechnology. Its main goal is to collect everything important that's happening in the field and put it all in one easy-to-use place. The site focuses on companies and efforts that are working to turn scientific discoveries about aging into real products and treatments that can help people live longer and healthier lives. It helps users keep up with what's going on in this space by organizing useful public information into big, sortable tables. These include things like companies working on aging therapies, funding sources, clinical trials, and more. Each table has links.

AgingBiotech.info was created and is maintained by [Karl Pflieger](#), a longevity activist and computer scientist. The site has one main weakness: that it is not well known.

This website is especially helpful for people who want a clear view of the aging biotech world without having to dig through tons of scattered sources. Whether you're a researcher, investor, student, or someone just curious about the future of health, the site is a great starting point.

AgingBiotech.info is non-profit and doesn't make money from ads, sponsorships, or subscriptions. It doesn't even accept donations. Everything is offered freely, and no

company can pay to be listed or promoted. The site focuses on information and usefulness so that it may look plain, but it's full of value.

Because the main data is shown through Google Sheets, it works best on computers.

For people who are new to the aging field, the site recommends starting with the About and Motivations sections to understand why aging research matters. It also offers a list of top books, blogs, podcasts, and videos to help people learn more. Busy people might prefer listening to audiobooks or podcasts to get the key ideas quickly.

To stay up to date with new additions to the site, users can follow AgingBiotech.info on [Twitter](#), [LinkedIn](#), & [Reddit /r/longevity](#). AgingBiotech.info is organized into many clearly labeled sections to help users quickly find specific information about the longevity biotech field. Here's some of what you can find

- [Motivations](#) – Covers the reasons why slowing or reversing aging is important, scientifically possible, morally urgent, and economically promising.
- [Objections](#) – Addresses common criticisms or concerns about the idea of interfering with aging.
- [Opportunities](#) – Highlights areas in longevity biotech where there is room for growth, innovation, and investment.
- [Companies](#) – One of the most detailed sections, listing longevity biotech companies with info such as their focus, status, and links.
- [Nonprofits](#) – Lists nonprofit organizations involved in aging research, advocacy, or public education.
- [Jobs](#) – A table listing job openings in longevity biotech companies for people looking to work in the field.
- [Therapeutics](#) – Focuses on treatments and drugs in development or already available that aim to slow or reverse aging.
- [Trials](#) – Lists clinical trials relevant to longevity and aging-related therapies, with links to further info.
- [Databases](#) – Links to external data sources and organized collections relevant to aging biotech.
- [People](#) – Profiles key individuals in the field—founders, researchers, investors, and thought leaders.

[Fight aging](#)

Fight Aging! is a website and blog that shares information about how science and medicine might one day slow down, stop, or even reverse aging. It was started in 2004 by

a person named [Reason](#) (**his real name!**), who cares deeply about helping people live longer, healthier lives. The main idea behind *Fight Aging!* is that aging is not just something we have to endure. Like other medical problems, it may be treatable in the future. The website wants more people to know about this, support the science, and help it grow faster.

The site focuses on three main goals:

1. Teach people about the latest discoveries in aging and longevity science.
2. Make it easier to find trustworthy information on how to live a longer, healthier life.
3. Support research by encouraging more funding and attention for new anti-aging treatments.

The website shares blog posts, research news, and updates from the longevity field. It's not a commercial site, so it doesn't run ads or accept money to promote products. It's simply there to help move the science of healthy aging forward and to inspire others to care about the future of aging and health. It informs regularly and more completely than any other source specialized in longevity news.

Three other good general websites

[Longecity](#) (formerly the Immortality Institute) is an international, not-for-profit, membership-based organization of advocacy and research for unlimited lifespans. It has been, for decades, a place of dialogue through its [many forums](#).

Aside from scientific and activist information and discussion between members, there is also a large community of users of longevity products and therapies. It is an interesting meeting place for biohackers.

[Longevity technology](#) is a website of good scientific information about research for longevity with some detailed articles.

[The Lifespan Research Institute](#) is the best place for videos for popularization and general information.

The list could be longer. For example, many organizations like the [International Longevity Alliance](#), the [Global Healthspan Policy Institute](#) have websites with general information.

The good news of the month. Largest-ever human imaging study completed

The UK Biobank, a public project, [reached the milestone of 100,000 people examined](#). It collected in 15 years more than one billion images from those volunteers, including genomics, blood biomarkers, lifestyle information, and clinical records.

The information is easily available for scientists worldwide. This gigantic source of information will be useful for scientists specialized in longevity and in many other fields.

Concerning the sharing of health data, this month also saw the birth of a new project: the [International Health Data Space Initiative \(IHDSI\)](#). Their final goal is to have something similar to the [European Health Data Space](#), but at the world level.

For more information

- [Heales](#), [Longevity Escape Velocity Foundation](#), [International Longevity Alliance](#), [Longevity](#), and [Lifespan.io](#)
- [Heales Monthly Science News](#)
- [Heales YouTube channel](#)
- [Contact us](#)